



NPO Hakkenzan EcoCatering Newsletter 2016-2017

(English version)



SURVIVAL CAMP サバイバル

This year's motto was "SURVIVE!" We realized that the experience of our various energy projects, (e.g. solar cooking, solar dried fruits) can be helpful in disaster emergency. Thus, we combined solar cooking with disaster prevention activities and even got a subsidy from the city of Sapporo. We held survival day camps in summer and winter. Implementing team-building and role playing, we made people build shelter tents for a family, using only a plastic sheet and cord. It sounds easy, but turns out to be difficult to make it strong enough against wind and rain. Sapporo citizens, German students, high school students from Sapporo, and families with children from Fukushima, joined the summer survival camps. The winter survival camp included igloo building and cooking on wood stove with dried vegetable. Each camp required skills and creativity: "Dounika suru chikara" = the ability to get by

ECO CRAFT WORKSHOP エコクラフトワークショップ

Doing craft is one way of getting in contact with natural materials. In the orchard, we held workshops for English kindergarten children, children with disabilities, and college students. At the Munich Christmas market in Sapporo, we offered workshops using wool, feathers, and wood for Christmas decoration. The craft works are completely recyclable and inspired by reflecting on what things of our daily use are made of. A total of 200 people took part in eco craft workshops.

ECO CRAFT ORIGINAL GOODS エコクラフト

Our original order-made wooden medals are popular for kindergarten sport events. For the München Christmas Market in Sapporo we produced 2000 small pieces such as felt snowmen, key straps, wooden magnets, pencils with feathers, walnut candles, and Santa Clauses. The income of the Christmas market will be used for new environmental educational projects.

ECO FOOD CATERING - GREEN CONVENTION エコ料理のケータリング

Our ecological catering service has been used for birthday and Christmas parties, seminars and staff training lunches by several companies. We had the honor to serve dishes in the historical Hoheikan for the "Mega City" conference recognized as "Green Convention." The most popular dish is Zwiebelkuchen. Winter picnics are also getting more and more popular. This year, 300 people enjoyed our Hakkenzan EcoCatering food service.

SEMINAR & TEAMBUILDING エコセミナー&チームビルディング

Again we were asked to organize an outdoor training program for office working adults. We did team-building activities at Hakkenzan, such as creating a wood-branch-mascot, Kinoppio with various tools and colors in teams. We also discussed eco-tourism and local development. Unfortunately, it rained on that day, however 'the Blue Bus' (all together walking under a blue sheet) took the group safely from one building to the other.

For the second time we organized an elementary school teachers' training seminar on ESD environmental education. Our activities were walking barefoot on 'the feeling road,' eco energy rally, cooking with the solar cooker, learning about the groundwater by using lego-blocks, role playing about sustainable forest management.



MENDORI GARDEN めんどりガーデン食育プロジェクト

“German cooking – starting on the field” is a project with the parent group of Misumai Elementary School in its third year. Planting, taking care of the field, harvesting, cooking, partly using sun-power for cooking. This activity combines agricultural experiences, food- and energy education into a joyful project

SOLAR JAM / DRY FRUITS ソーラークッキング

Processing fruits and vegetables into jam and dried fruits is more ecological than keeping them in the refrigerator or freezer. Thus long lasting they can also be used as survival food. This year we made jam of rhubarb, strawberries, red currants, raspberries, cherries, and blackberries. We made dried products of green onion, strawberries, honey berry, red currants, zucchini, and cherries. Local networks, such as Yuzawa-plant-garden and Nishimoto-Orchard supported us with fruit. The dried zucchinis we used at the Winter Survival Camp for cooking on wood fire. Very tasty eco-live!

INTERNATIONAL EXCHANGE 国際交流

Six students and a teacher from B. v. S. Gymnasium, Germany, came to Sapporo in July. Their program included school and factory visits, homestay, and workshops at Hakkenzan. They made solar jam, experimented hydroelectric generator, and built shelter-tents, together with Kaisei and Seishu High School students. They also visited the Ainu culture museum, the Kuroiwa museum of local history in Misumai, and a local festival, with the bicycle borrowed at Hakkenzan Winery. The NPO “Protect children of Fukushima” kindly let the students stay at their house “Kaori no Sato”

COOPERATION コラボ・ネットワーク

In September, we cooperated with the Jozankei Tourism Association, and served our eco catering at the Hoheikyo-dam for the JTB monitor tour “Star Watching Night.” In January, we joined “Yukizanmai” event at Hakkenzan Orchard. We combined our Winter Survival Camp to event activities, like snow rafting, dog sledding etc. Building a snow shelter (igloo), cooking on fire, making dried apples etc. We are looking forward to more common activities in the future.

RENEWABLE ENERGY 再生可能なエネルギー

Our 3.4kW solar panels have provided electricity for Hakkenzan-Orchard for three years. The electricity that is not used by the orchard is sold to the Hokkaido power company. Thus the electricity costs of the orchard decreased about ¥150000 a year. The annual income of the electricity sales is also approximately 30 000 Yen. The solar collector did a great job during the season for the dish washing in the restaurant. “Veranda-Kun” the off grid solar panel powered the ventilator all day long. Our handmade solar pump was used for watering plants, and for children to play with water. These tools are used for the “Eco Energy Rally,” as an energy education program.



SOLAR SOUND CANDLE NIGHT ソーラーサウンド・キャンドルナイト

We celebrated the birthday of our NPO by planning “Hakkenzan Candle Night”. Theater, music, firewood, BBQ, sourdough-bread (“Tastes of Danube”). Thanks to the technical support of Ietsugu-san (Sanso, Furano), the sound was solar powered until the end.



Looking forward to new activities and networks!

Birgit Bianca Fürst,

www.hakkenzan.jp/ecocatering

[@nifty.com](https://www.facebook.com/HakkenzanEcoCateringQWK10477)